



**WAIVER, RELEASE, AND ASSUMPTION OF RISK
PLEASE READ AND UNDERSTAND THIS WAIVER BEFORE SIGNING**

I, _____ understand and have had explained to me that Medicine at your Feet classes may entail some risk of accident or injury and may involve injury or death as a consequence of my participation.

I understand that as a class we will be hiking into areas which may be dangerous and which could possibly cause injury or death. I know that at any time and for any reason I am free to choose not to go into such areas and I accept personal responsibility for my health and safety while on these activities.

I understand that many medicinal plants are poisonous and can cause physical reactions that may involve injury or death. I know that herbal medicine should only be taken under the supervision of my licensed health care provider. I know that at any time and for any reason I am free to choose not to take herbal medicine and I accept personal responsibility for my health and safety should I choose to take herbal medicines for my personal use.

I understand and have had explained to me that along with the possibility of personal injury, injury to property is also possible such as, but not limited to possible loss of wages and the ability to earn wages.

I agree to keep other members of the group in sight while hiking. I understand that I am not to jump into any body of water during any Medicine at your Feet class.

I understand that I must have appropriate foot wear on these hikes including hiking boots and/or tabis (reef walkers) and that failure to have such foot wear will prevent me from attending these field trips. I understand that I am expected to carry drinking water, rain gear, and food, and a walking staff during hikes and that these will not be provided.

I have no health conditions that might prevent me from safely going on this hike. If health conditions arise which might complicate my participation in this program I understand that it is my responsibility to notify David of these changes.

I am in full recognition and appreciation of the dangers and hazards inherent in the Medicine at your Feet classes and field trips, to which I may be exposed during my study of herbal medicine. I understand that this class is for informational purposes only and that I am not being trained as a medical practitioner. I understand that a certification is not a license to practice medicine in any form.

I certify and declare that I will release and forever hold free and discharge from any liability, David Bruce Leonard, Medicine at your Feet, and/or their agents, employees and representatives, acting officially or otherwise, of and from all claims, demands, rights, and causes of action of any nature whatsoever. I also understand that this waiver, release, and assumption of risk is forever binding on my heirs and assigns.

Further, knowing and understanding these risks, nevertheless I hereby agree to voluntarily assume all risks and responsibilities surrounding my participation in such activities.

My signature on this document is evidence that I know and understand and have had this document explained to me.

Signature _____

Date _____



MEDICINE AT YOUR FEET CLASS INFORMATION

Welcome.

I began this program because I believe in the power of the medicine that grows at our feet.

I want to co-create with you a new medicine, a medicine that uses all the tools that are available; to improve the quality of life for those we care for. Our focus of course will be plant medicines, but I encourage you to study as many medicines as you can, and to weave them into your relationships with others. I feel that the styles of the medicines that currently circulate in this society fail us in many fundamental ways. This class is designed to address that failure, and to recreate the sacred in our lives.


I am as prone to errors as anyone else. If I make an error, please let me know. Negative feedback is highly encouraged as long as it is not disruptive. Positive feedback is also welcome.

Medicine at Your Feet introductory classes are \$39 for individual classes or \$179 for each six week introductory module. Herb walks are \$19 for guests and non-students.

I do my best to give you value and include high quality information in these classes, but I do make mistakes. Let me know if I make a mistake or you are not getting what you want out of these classes.

Herb walks are included in the price of tuition but will not happen unless you call or email me to schedule one. If you do not contact me to schedule and/or confirm an herb walk you will not go on one.

Medicine at Your Feet class tuition is not refundable unless the class does not happen or cannot be rescheduled. No exceptions. If you miss a class you will be able to make it up later.

Initial here 

MEDICINE AT YOUR FEET APPRENTICESHIP INFORMATION

I have one-year and two-year apprenticeships available. The one-year and two-year apprenticeships may be cancelled by either the student or teacher at any time and for any reason. Currently, fees for each apprenticeship is \$160 per month plus textbooks and materials. Tuition is due on the 25th of each month for the upcoming month.

Apprentices are to be chosen as individuals and on merit after they have completed the two six-week introductory modules. In certain cases it may be possible to do the modules and the apprenticeship concurrently. Apprentices may take a leave of absence with prior approval and reenter the program and with an agreed upon date of reentry.

There will be frequent quizzes and occasional exams. Quizzes and exams are optional, but no one will be certified until they can demonstrate clinical competence. Do not avoid class because you have not studied, are tight on cash, or have not completed your work trade hours ... talk to me.

Field trips are optional and will generally be twice a month, although I will go as often as my schedule allows. You must be in good physical condition to go on field trips. Travel costs to and from field trips are not included in tuition. I retain the right to deny field trip participation to any student for any reason and without warning. Guests may be invited to sit in on one class at any time, but do not invite guests on field trips without prior permission. Do not bring minors to classes or on hikes without prior permission.

If you are going to miss a class it is your responsibility to make arrangements with other students to get lecture notes.

I do my best to give you the best quality learning experience that I can. In return, I ask a few things of each of you. -

- 1) Please return phone calls and/or emails promptly.
- 2) Do what you say you are going to do. If you cannot, let me know.

Initial here  _____

I encourage you to hold me equally accountable to the above standards. I will not waste your time and expect the same in return.

Currently, tuition for Medicine at Your Feet apprenticeship is \$160 per month plus textbooks and materials. Tuition is due on the 25th of each month for the upcoming month. Tuition is not refundable. No exceptions. If you are doing work trade your hours are due whether you show up at class that week or not. It is your responsibility to stay current with your hours.

Initial here  _____

Name _____

Signature _____

Date _____